

## March - May 2026 hikes

The DCR Southeastern Massachusetts Adult Walking Club meets most weekends for social recreational walks. This club is open to people 16 years of age and older and there is no fee to join. New walkers are always welcome. Come for one or come for all! Bring drinking water, a snack, and dress for the weather. Some DCR sites charge a parking fee which is noted in the hike description. Inclement weather will cancel. For more information and to confirm, please call the phone number listed with the specific hike.



ADA/Reasonable Accommodation  
617-645-0358 | [Moneesha.dasgupta2@mass.gov](mailto:Moneesha.dasgupta2@mass.gov)

upcoming hikes

Saturday,  
March 7

**Nickerson State Park, 10:00 am—11:30 am**  
**RESTROOMS ARE NOT AVAILABLE**

Explore the back woods of Nickerson and neighboring Rafe Pond. It's a hilly and curvy hike on 2.5 miles of single-track trails. Meet at Camping Area 7 parking area: from the entrance, follow Deer Park Road for 1.5 miles until it turns into Nook Road. Follow Nook Road two more miles to Camping Area 7. Take a left into the camping area loop, and the parking area is immediately on your left. 508-896-3491.

Sunday,  
March 22

**Bristol Blake State Reservation, 10:00 am—11:00 am**

An easy 1.7 mile walk on dirt trails and boardwalks, with brief hills. We'll circumnavigate Bristol Ponds before enjoying the boardwalk out onto Stony Brook Pond. Park at Mass Audubon's Stony Brook Wildlife Sanctuary: 108 North St, Norfolk. 857-276-5365.

Sunday,  
March 29

**Wompatuck State Park, 9:00 am—11:00 am**

Look and listen for signs of Spring on an easy-to-moderate 3.5 mile loop around the northeast area of the park. Trails are a mix of dirt and pavement. Meet at the visitor center: 204 Union St., Hingham. 617-895-8245.

Saturday,  
April 11

**Waquoit Bay National Estuarine Research Reserve, 10:00 am—12:00 pm**  
**RESTROOMS ARE NOT AVAILABLE**

Joins us for a three mile hike along the Quashnet River. One way is narrow with some hills and the other side is flat and open. Meet at the Quashnet River Trailhead, approximate address: 62 Martin Road, East Falmouth. 339-987-0273.

Saturday,  
April 18

**Nickerson State Park, 10:00 am—11:30 am**  
**RESTROOMS AVAILABLE AT PARK ENTRANCE, NOT AT HIKE MEETING POINT**

Explore a mix of dirt and paved trails tracing the curves around Cliff, Little Cliff, and Grassy Ponds. This intermediate two mile hike will take you through the hills between these three ponds. Meet at Camping Area 6 parking: from the entrance, follow Deer Park Road for 1.5 miles until it turns into Nook Road. Follow Nook Road two more miles to Camping Area 6. Look for the parking area on your left. 508-896-3491.

Sunday,  
April 19

**Borderland State Park, 9:00 am—11:30 am**  
**PARKING PASS OR FEE REQUIRED**

A moderate, four mile hike on the back trails of Borderland. Enjoy ponds and fields and hike rocky hills. Meet at the visitor center: 259 Massapoag Avenue, North Easton. 508-238-6566.

Sunday,  
April 26

**Wompatuck State Park, 9:00 am—11:30 am**

Join an ambitious five mile hike to the summit of Prospect Hill, on the western side of the park. A mix of paved and dirt trails. Meet at the visitor center: 204 Union St., Hingham. 617-895-8245.

Saturday,  
May 9

**Waquoit Bay National Estuarine Research Reserve, 10:00 am—12:00 pm**  
**RESTROOMS ARE NOT AVAILABLE**

Take a walk on The Great Flat Pond trail which takes us along salt marshes, beach, and forest. Flat but narrow path approximately 2.5 miles. Meet at the Bayberry Parking lot, approximate address: 569 Great Oak Road, Mashpee. 339-987-0273.

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upcoming hikes

**Sunday,  
May 10**

**Nickerson State Park, 9:00 am—12:00 pm**

Come explore the kettle ponds of Nickerson. This intermediate three mile hike around Little Cliff and Higgins Pond is a great way to explore spring in the woods of Cape Cod. Meet at the Flax Pond parking area: upon entering the park, take the first left onto Flax Pond road. Follow the road for one mile until you arrive at the parking area. 508-896-3491.

**Saturday,  
May 16**

**Blue Hills Reservation, 1:00 pm—3:30 pm**

Join a challenging, moderately paced four mile hike to the summit of Buck Hill and back. Come see one of the most beautiful views in Massachusetts. Meet at the Houghton's Pond Visitor Center, 840 Hillside Street Milton. 857-208-8498.

**Sunday,  
May 24**

**Wompatuck State Park, 9:00 am—11:00 am**

**RESTROOMS ARE NOT AVAILABLE**

Explore the Nature Study Area and the northeast side of the park on a moderate 3.5 mile hike on a mix of dirt trails and pavement. Meet at the Doane Street entrance, approximate address: 152 Doane St, Cohasset. 617-895-8245.

**Sunday,  
May 31**

**Freetown-Fall River State Forest, 10:00 am—12:00 pm**

A moderate 4 mile walk on forest roads and dirt trail. An out-and-back journey to the remnants of Profile Rock. Meet at forest headquarters: 110 Slab Bridge Rd., Assonet. 857-276-5365.